



Meet the Sea

Education & Entertainment at Sea

SEA RETREAT FAQ'S

1. Who is the Corporate Sea Retreat designed for?

The Sea Retreat is designed for:

- Executive leadership teams
- Management groups
- High-performance departments
- Organisations navigating growth or change
- Companies seeking meaningful team reset experiences

It is suitable for groups looking to combine leadership development, wellbeing and cultural immersion in a structured and professionally supported environment.

2. How many days should we allocate?

Retreats are fully customisable.

Most corporate groups choose between:

- 2 days (focused reset and team alignment)
- 3 days (reset + challenge + integration)
- 4–5 days (deeper immersion including Formentera and cultural experiences)

We help design the optimal structure based on your objectives and time availability.

3. What is the ideal group size?

We work best with groups between:

- 8 to 40 participants

For sailing and certain sea-based activities, participants may be divided into smaller teams to preserve quality and safety.

4. What is included in the price?

The estimated cost ranges between **€400 and €1500 per person per day**, depending on:

- Chosen activities
- Hotel category
- Group size
- Duration of stay

Typically included:

- Selected activities
- Professional crew and instructors
- Equipment
- Private transfers (airport and activities)
- Safety support
- Hotel accommodation (if arranged through us)

Flights are not included.

5. Can the retreat be tailored to our company objectives?

Yes.

We design each retreat based on:

- Leadership development goals
- Wellbeing priorities
- ESG / sustainability interests
- Cultural preferences
- Physical intensity levels

We can also incorporate structured reflection or strategy sessions upon request.

6. Is this physically demanding?

No prior athletic ability is required.

Activities are:

- Fully guided
- Adapted to different levels
- Supported by trained crew
- Optional where appropriate

Participation is encouraged but never forced. Alternative options can be arranged for participants who prefer lower physical intensity.

7. What safety measures are in place?

Meet the Sea SL is a fully insured and regulated company registered in Spain.

- All crew members hold international STCW certification
- Professional instructors lead each activity
- Safety equipment is provided
- Ratios are typically 8:1 support staff to participants
- Sea conditions are assessed before every activity

Guest safety is always the priority.

8. Are transfers included?

Yes.

All transfers are organised privately with Ibiza's leading transport partner, Ibizatours & Islandbus.

Transfers are:

- Private to your group
- Adjusted to group size
- Included in the detailed itinerary proposal

9. Where do participants stay?

We collaborate with selected partner hotels including:

- Hotel Tagomago Rating: ***
- Hotel Ibiza Twiins Rating: ****
- Hostal La Torre by Mambo Rating: Premium

We can secure accommodation for you or work with your preferred hotel if already selected.

10. What happens in case of bad weather?

Safety decisions are taken daily.

If sea conditions are unsuitable:

- Activities may be rescheduled
- Alternative land-based options may be offered
- The itinerary may be adjusted

We always maintain flexibility to ensure safety and experience quality.

11. Is insurance provided?

Yes.

Meet the Sea SL is fully insured and legally regulated in Spain

Corporate clients may also request documentation for internal compliance purposes.

12. Can the retreat support ESG or sustainability objectives?

Yes.

Several activities directly reinforce environmental awareness and responsible marine interaction, including:

- Posidonia ecosystem exploration
- Non-invasive ROV missions
- Protected reserve snorkelling
- Low-impact kayaking

We can provide sustainability narratives aligned with your company's ESG positioning.

13. Can we include strategic workshops or internal sessions?

Yes.

We can:

- Reserve quiet venues for strategy discussions
- Include facilitated reflection sessions
- Integrate Sea & Mind sessions for mental clarity
- Build structured debriefs after leadership activities

We can collaborate with your internal HR or leadership consultants if desired.

14. Is the retreat exclusive to our company?

Yes.

Corporate Sea Retreats are fully private and reserved exclusively for your organisation.

We do not mix corporate groups.

15. What makes this different from a traditional corporate offsite?

Most offsites happen in conference rooms.

Sea Retreats:

- Remove participants from routine cognitive overload
- Create shared physical and emotional reference points
- Reveal leadership behaviours naturally
- Combine challenge, wellbeing and culture in one environment

The sea acts as an active learning environment, not just scenery.

16. What is the booking process?

1. Select preferred activities and duration
2. Schedule a video call with our team
3. Receive a tailored itinerary and pricing proposal
4. Confirm dates and participant numbers
5. We manage logistics from arrival to departure

17. How far in advance should we book?

For peak season (May–September), we recommend booking **3–6 months in advance**, particularly for executive groups requiring specific dates.

18. Who leads the retreat?

The retreat is hosted by Gregorio Cañellas, Founder of Meet the Sea , supported by a professional team of skippers, instructors and facilitators.

Gregorio's background in international finance and leadership allows him to bridge corporate experience with the sea environment.

19. Can we arrange a private call before deciding?

Yes.

We strongly recommend a video call to:

- Clarify objectives
- Discuss group dynamics
- Design the right structure
- Review budget expectations

Please contact:

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